

B. 1. 1-4. 2nd couple joins hands with 1st man + 3rd woman, and all four face the right wall, while fourth couple joins hands with 3rd man + 1st woman, + all four face the left wall. Standing thus, all fall back a double + then move forward a double (R.S.)

5-8. All turn single. Each man changes places with the woman opposite.

B. 2. 1-4. 1st couple joins hands with 4th man + 2nd woman, + all four face up; while 3rd couple joins hands with 2nd man + 4th woman, + all four face down. Standing thus, all fall back a double + move forward a double (R.S.)

5-6. All turn single.

7-8. Each man changes places with the woman opposite, + all resume original places.

Salopede.

Impromptu for as many as will.

Music.

Movements.

A. 1. 1-4.

Partners face. Men take hands and women take hands. All move forward a double, partners honouring each other on the first beat of the 2nd bar & fall back a double to place.

5-8.

Release hands and partners change places, passing each other by the right.

A. 2.

Movement as A. 1, repeated to places.

B.

All couples swing.

C.

1st couple swings down the middle to the lowest place, while all the other couples move up one place.

Three Meet

Triple Minstrel Set

<u>Music</u>	<u>Movements</u>
A. 1.	Three meet.
A. 2.	1 st couple with crossed hands cast off & leads up the middle to position, followed by 2 nd & 3 rd couples.
B. 1.	1 st man & 1 st woman lead down the middle & back again & through the 2 nd couple.
B. 2.	1 st & 2 nd couples swing.

Three Meet

1st, 2nd, & 3rd men link arms

1st, 2nd, & 3rd women do same.

Men & women taking 2 short steps to each bar, advance towards each other till they meet. They then move backwards & return to places.

This double movement is then repeated.

The Durham Peel.

Longways for 6, 7 or 8 couples.

<u>Music</u>	<u>Movements</u>
A. 1.	All give hands in a ring & slip round clockwise.
B. 1.	All slip back again counter-clockwise.
A. 2. 1-4.	All release hands & face up. 1 st man followed by rest of men casts down to the bottom of the set, whilst women do same.
5-8.	Partners meet and taking right hands, dance back the middle to places.
B. 2.	As in A. 2.
A. 3.	Partners cross hands behind their backs & 1 st couple followed by others, casts off to the left & all dance up middle to places.
B. 3.	As in A. 3.
A. 4.	Form a ring & all join hands, except 1 st man & 1 st woman. 1 st & 2 nd women raise their hands & make an arch & all the dancers (except 1 st woman) led by 1 st man, pass under the arch & dance round clockwise to places.

- B.3. As in A.3.
- A.4. Form a ring & all join hands except 1st man & 1st woman. 1st & 2nd women raise their hands & make an arch & all the dancers (except 1st woman) led by 1st man, pass under the arch & dance round clockwise to places.
- B.4. As in A.4, 1st & 2nd men making an arch & the dancers led by 1st woman passing under the arch & dancing round counter clockwise.
- A.5. As in A.1.
- B.5. As in B.1.

The Running Set.

The Grand Promenade.

Men turn their partners half way around (4 steps)

Men turn their contraires half way around.

Men rejoin their partners, cross hands & move around the circle 8 steps counter-clockwise, men on the inside.

Without releasing hands, all reverse their direction, men making a half turn clockwise, women counter-clockwise, & move around the circle 8 steps clockwise.

Men turn partners half way around.

Men turn contraires half way around.

Rejoin partners, cross hands, & dance around the circle, counter-clockwise, to places.

The Little Promenade.

The last four lines of above description

Do-si-do and promenade-home.

Two couples face.

Men turn their partners half way around with left hands, pass each other by the right (moving sideways, rt. shoulders forward & back to back).

Men turn their contraries half way around with rt. hands & return to places, passing each other by the left (back to back, left shoulders forward.)

This movement is repeated.

At the conclusion of the repetition, men turn their partners once around with left hands, cross hands with them & dance around a small circle, counter-clockwise, each couple breaking off & proceeding to its original station.

● Figure 1. Hands - Four.

- 1st + 2nd couples hands - four.
- 1st + 3rd couples hands - four.
- 1st + 4th couples hands - four.
- 1st + 4th Do - si - do - & - promenade - home.

Figure 2. Hands - Three.

- 1st man, moving toward the centre, turns his partner with left hand.
- 1st man goes hand - three with 2nd couple.
- 1st man turns his partner with lt. hand.
- 1st man goes hands - three with 3rd couple, while 1st woman does same with 2nd couple.
- 1st man turns his partner with left hand.
- 1st man goes hands - three with fourth couple, while 1st woman does same with 3rd couple.
- 1st man turns his partner with lt. hand.
- 1st + 4th couples hands - four.
- 1st + 4th couples Do - si - do - & - promenade - home.

Fencing Text Books

Fencing. Colmore Dunn.
 The Fencer's Companion. Leon Bertrand.
 Fencing Comprehensive. John Brune.
 The Art of Fencing. Lidstone.
 Fencing - Theory & Practice. J. Martinez Costello.
 Fencing Tactics. Percy Hobbs.
 Fencing Rules.
 Fencing. Costello.

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